

2009 Fall Adult Co-Ed Fall Volleyball

Falls Church Recreation & Parks Department

223 Little Falls St.

Falls Church, VA 22046

Office Phone number: (703) 248-5077

GENERAL INFORMATION

1. The coed volleyball program is divided into two different leagues. The "A" League is designed for experienced teams with above average skills. The "B" League is for teams just learning to play or teams with average skills.

During the Fall 2009 season, the Falls Church Recreation & Parks Department volleyball league play will be as follows:

A League- Thursdays, some Tuesdays

B League- Wednesdays

As in previous seasons, the department will make every effort to schedule each team to play on a given night each week; sometimes this is impossible however. If you have specific requests regarding weeknights, double-headers, particular nights you cannot field a team, etc., please write these requests on your team entry form. We will make every effort to honor them.

2. The deadline for entering a team is August 23, 2009.
3. Players must be sixteen years of age or older by September 1, 2009.
4. **A franchise fee of \$275.00 plus \$10.00 per non Falls Church City resident (not to exceed \$50.00) will be charged in the "A" and "B", Leagues. All fees must be paid by August 23, 2009. **Note** Fairfax County residents with Falls Church mailing addresses are subject to the \$10.00 non-resident fee.**
5. Team rosters are limited to 12 players and should be comprised of approximately 50% male and 50% female players.
6. **No changes will be permitted in the roster after the second match of the season.**
7. No player may play for more than one team under the jurisdiction of the Falls Church Recreation & Parks Department.
8. Matches will consist of three games. There is a one-hour time limit on all regular season matches. If the third game is still in progress at the end of one hour, the team leading will be declared the winner. If a game is tied at the end of the allotted time, service will hold and play will continue until one-team scores two points.
9. League play begins in early September and ends in late October.
10. All games will count in League standings.
11. Unless specified in league rules, UNVBA rules of play will apply in all matches.
12. Each player on a given team must have a unique number. Teams are encouraged to have jerseys of a "like" color.
13. Teams may play with four women and two men with no penalty; in no instance may a team play with four men and two women.
14. Teams may start a game with five players, either 2 males and 3 females or 3 males and 2 females. In this case, this "hole" rotates.
15. **It is the responsibility of the coach to make sure the score sheets completed by the official and submitted to the Recreation & Parks Department accurately reflect the outcome of each game played.**

16. A ten-minute grace period from the regularly scheduled starting time shall be permitted in order to assemble the required number of players. (The ten-minute grace period applies to the first game only. A five-minute grace period will apply to the second and third games. At the end of twenty minutes the entire match will be forfeited.)
17. Line- up cards and score sheets will be used for all matches.
18. Teams forfeiting more than six games will automatically be dropped from the league. No refunds will be given.
19. In the event of ties records, at the conclusion of the regular season, head-to-head (or in the case of a 3-way tie, head-to-head (or in the case of a 3-way tie, head-to-head) records will make the tournament, seedings will be drawn at random. If teams are tied and not all teams will make the tournament, a play-off match will be held to determine who qualifies for the tournament. **Under no circumstances will point differentials be used to determine seedings or who makes the tournament.**
20. For further information, please contact Chris Madison at (703) 248-5077.

CONDUCT REGULATIONS

Coaches, managers, players shall not:

1. At any time lay a hand upon or shove an official, facility supervisor or scorekeeper. **Penalty:** suspension from all sport activities sponsored by the Falls Church Recreation and Parks Department for a period of two years.
2. At any time dispute an official's decision or make an abusive verbal attack upon any official, facility supervisor, scorekeeper, player or spectator. **Penalty:** Warning by official and/or ejection from the game. If ejected, the person is suspended from the next game his/her team plays.
3. At any time be found guilty of gross misconduct. **Penalty:** Will be suspended for the remainder of the season and no refund on the fees will be given.
4. At any time refuse to abide by an official's decision. **Penalty:** Ejection from game and suspension from the league until his/her case has been reviewed. Probationary reinstatement is possible.
5. Any coach, manager or player who is ejected from the game is automatically suspended from the next game his/her team plays. A second offense by the same person will result in additional disciplinary action as directed by the league. This rule is not subject to protest or review.
6. Any coach, manager or player who is placed on probationary status and is reported again for violating the "Code of Conduct" or league rules will be given a minimum penalty of suspension for the remainder of the season.
7. Teams are responsible for the conduct of their spectators. Failure to attempt to control disruptive spectators may result in forfeiture to the opposing team.
8. Smoking is prohibited in all school/public grounds (indoors and outdoors)
9. No food or beverages (except water) are allowed in the gyms. Please no Gatorade!

FALLS CHURCH RECREATION & PARKS DEPARTMENT

**223 Little Falls St.
Falls Church, VA 22046**

2009 FALL ADULT COED VOLLEYBALL LEAGUE

Team Name_____

Team Sponsor (if applicable)_____

Coach_____ Home Phone_____

Work Phone_____ Cell Number_____

Address_____

Email: _____

Assistant Coach_____

Home Phone_____ Work Phone_____

Franchise Fee Paid_____ Non-City Fee Paid_____

Date and Time Fee Submitted to R & P Department_____

(Coach's Signature)

(R & P Staff Signature)

This form must be submitted with the franchise fee of \$270.00 no later than August 23, 2009.

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Please check one: The R & P Department will attempt to accommodate all requests.

760002-A_____ Open "A" Thursdays/ some Tuesdays

760002-B_____ Open "B" Wednesdays

If your team has any special requests, please list them below:

The R & P Department will attempt to honor your requests.